Current Prescription Medications, Over-the-Counter Medications, Vitamins, Supplements, Herbal Products, and Traditional Cultural Medicines

Medication	Reason Taken	Dose + Directions	Prescribing Provider	Notes
Example: metformin	Diabetes	1000 mg 2x/day	Dr. Jill Smith	Upsets my stomach, have to take with food
Example: fluticasone (Flonase)	Congestion	Two sprays per nostril no more than 2/day	ОТС	